Waskowitz Outdoor School Menu 2018 (5 day week)

	Day 1	Day 2	Day 3	Day 4	Day 5
Breakfast		French Toast Chicken Sausage Links Applesauce	Chicken Sausage Links Scrambled Eggs (V) Muffins Bananas Orange Juice	Pancakes (V) Chicken Sausage Links Orange Wedges Grape Juice	Scrambled Eggs (V) Hash browns Cinnamon Rolls Peaches Apple Juice
Lunch		Turkey dog Wraps Veggie Dog (V) Baked Beans Baby Carrots/Ranch Fruit Mix Ice Cream Bar	Chicken & Vegetable Soup Vegetable Soup (V) Rolls/Marg. Grapes Pudding	Turkey Hotdog & Bun Tofu Dog (V) Carrot & Celery Sticks Apples Marshmallows Granola Bars	Breaded Chicken Patty w/Bun Veggie Burger (V) Apple Wedges & Grapes Potato Chips Cookie
Dinner	Beef Tacos w/Flour Tortilla Refried Beans (V) Lettuce, Tomato, Cheese Tortilla Chips Salsa, Sour Cream Brownie	Roast Turkey Rice Pilaf w/Quinoa (V) Corn Caesar Salad Pineapple Tidbits Camp Bread/Marg. Cake	Baked Potato w/Veggie Chili (V) Shredded Cheese Ranch Romaine, Tomato, Broccoli Canned Pears Cornbread/Marg. Creamsicle	Rotelle Pasta w/ White Beans (V) Beef Meatballs Spaghetti Sauce Caesar Salad Garlic Bread Apple Crisp	

Vegetarian entrée options indicated by (V)

This institution is an equal opportunity provider.